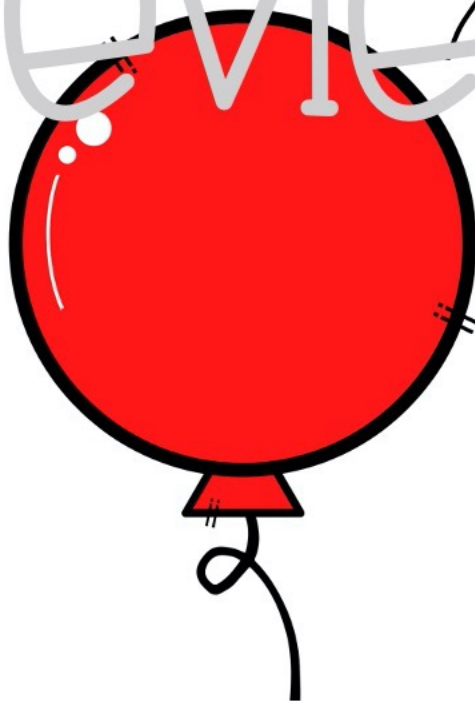
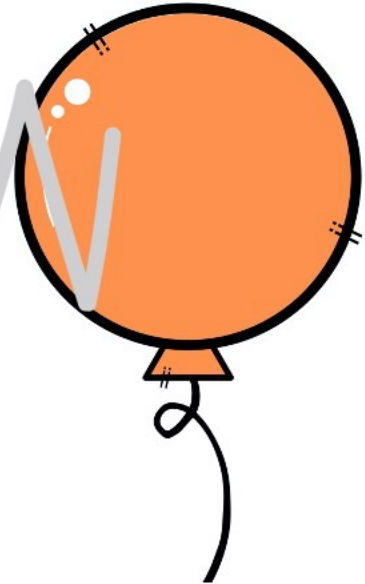
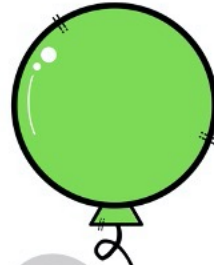


# Big Problem

## Little Problem

# Scenarios

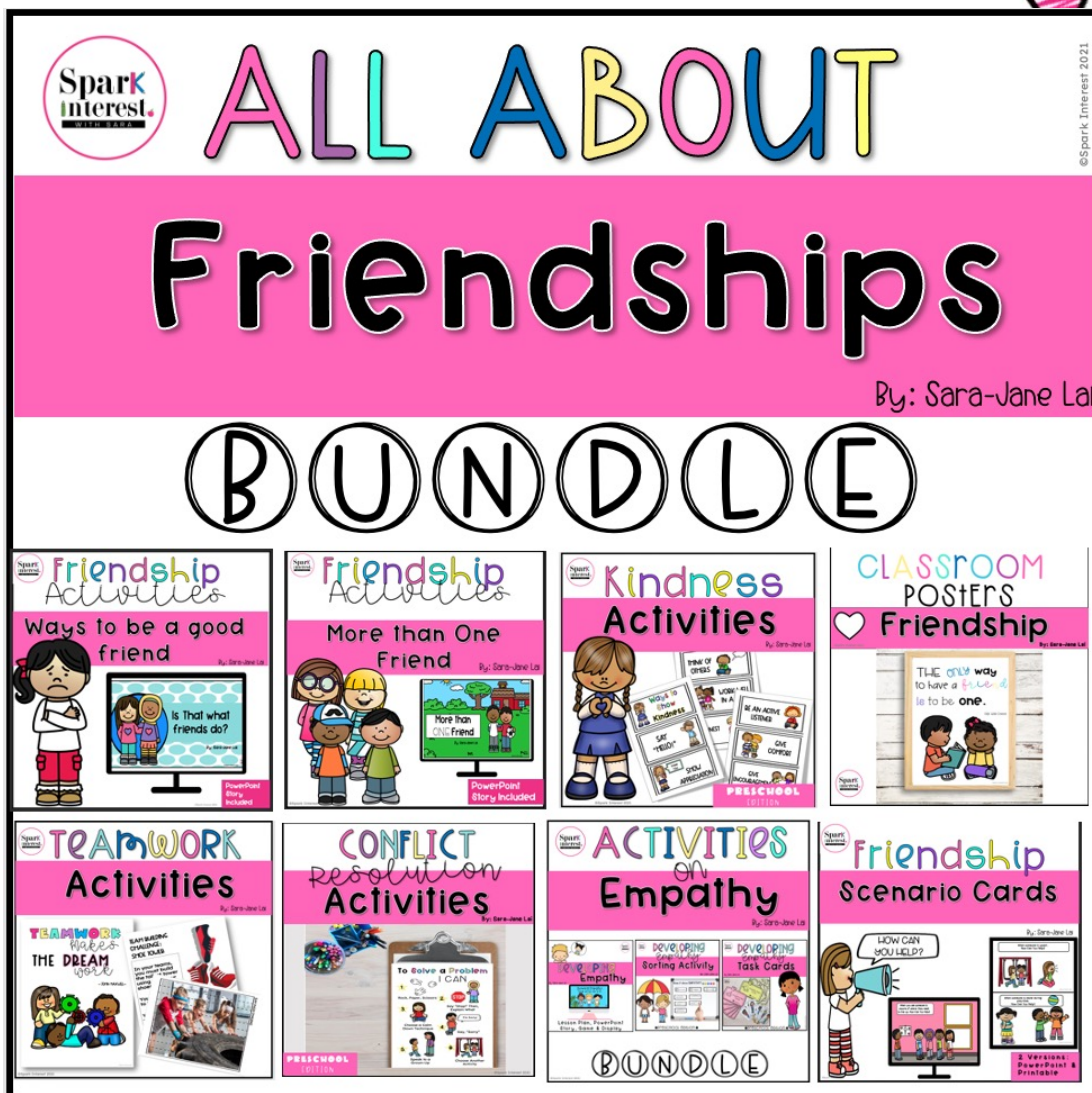
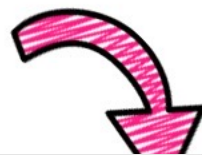
By: Sara-Jane Lai





DID YOU KNOW THIS IS  
PART OF A FRIENDSHIP  
BUNDLE?

CLICK ON THE IMAGE TO  
SEE MORE!





# DETAILED LESSON PLAN

INCLUDED IS A DETAILED LESSON PLAN

## Lesson Plan: Big Problem - Small Problem

Rationale:	<ul style="list-style-type: none"> <li>In this activity, children will learn how to differentiate between small, medium and big problems. This is the first step in helping our young learners cope with problems. Having this will allow our young learners to see that not all problems are the same and their reactions will differ according to the size of the problem.</li> </ul>
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CASEL-SEL Competencies Alignment:	<ol style="list-style-type: none"> <li><b>Self-management</b> is the ability to manage one's thoughts, and behaviors effectively in order to achieve goals and aspirations. This includes the ability to regulate emotions, manage stress, and feel confident in one's ability to accomplish personal and collective goals.</li> <li><b>Responsible decision-making</b> is the ability to make constructive choices about personal and social behavior that demonstrate the consideration of ethical principles, safety, social norms, the well-being of others, and the community.</li> </ol>
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Introduction:	<p>Warm-up: Start a group time looking really bothered &amp; annoyed. Exaggerate your feelings. Explain to the children you have a problem. Find them anywhere. Ask them if they've got a problem. Start throwing things around as if it's a major problem. Find the scissors and be calm again. Sit down.</p>
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Discussion:	<ul style="list-style-type: none"> <li><b>Identify the problem:</b> What problem was this?</li> <li><b>Analyze the situation:</b> How was I feeling? Was this a Big Problem, a Medium problem or a Small problem?</li> <li><b>Solving the Problem:</b> How did I try to solve the problem? (accusing people, looking for it, throwing things, etc.)</li> <li><b>Evaluating &amp; Reflecting:</b> What do you think about the problem? What do you think about solving the problem? Did it work? Was there anything I could have done instead?</li> </ul>
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## Lesson Plan: Ways to be a good friend

Activity:	<ol style="list-style-type: none"> <li><b>Sorting Activity:</b> Big Problem, Medium Problem, Small Problem. Sort the Scenarios into Big, Medium or Small Problems.           <p>Some discussion points for each scenario:</p> <ul style="list-style-type: none"> <li>1. Is it something you can solve on your own? Is it something that you can solve yourself?</li> <li>2. Would you need some advice from someone?</li> <li>3. Is it an emergency? Is someone seriously hurt or bleeding?</li> </ul> </li> <li><b>False Reactions:</b> Look at the different possible reactions. There are some possible reactions. Your reactions can be different depending on the size of the problem. Highlight a few scenarios and see if you could use any of these reactions. Would they be helpful or not?</li> </ol>
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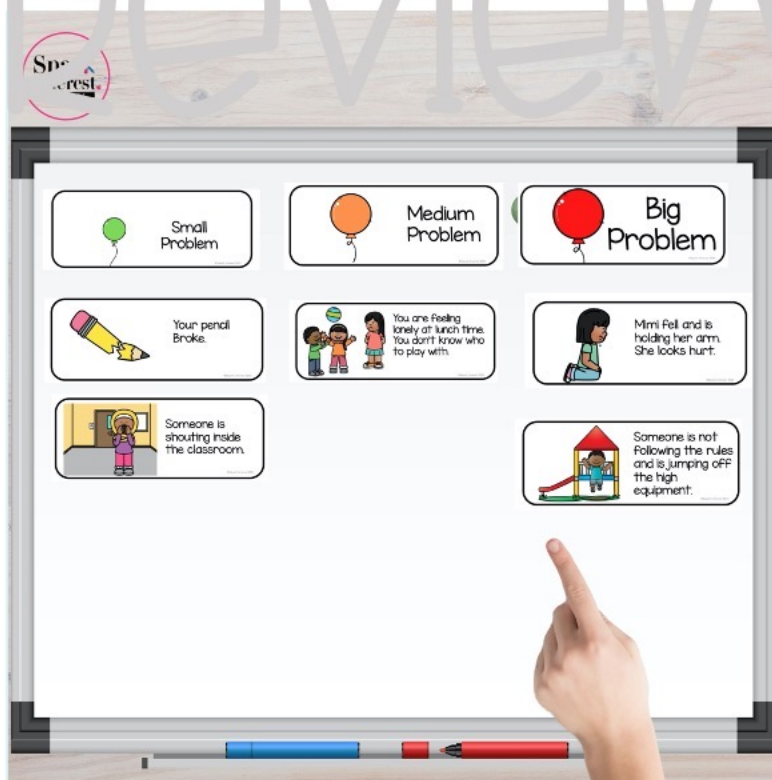
Wrap Up	<p>Show the class the display poster &amp; encourage them to remember to ask themselves "What is the Size of my Problem?"</p> <p>- Go through the descriptions for Small, Medium &amp; Big Problems.</p>
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Added Practice:	<p>Worksheets &amp; Coloring-In Sheet</p> <ol style="list-style-type: none"> <li>Use the worksheets to help reinforce and practice this.</li> <li>Use the black &amp; white version of the poster for coloring-in and to take home.</li> </ol>
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# DISCUSSION ACTIVITY

(2 VERSIONS: COLOR + B+W)

1. This sorting activity is perfect for identifying a problem and to discuss if it is a small, medium or big problem.
2. Look at some Possible Reactions cards to discuss different possible reactions.  
Our reactions can be different depending on the size of the problem.





# CLASSROOM DISPLAY

(2 VERSIONS: COLOR + B+W)

Spark  
Interest  
WITH SOFIA

## WHAT IS THE SIZE OF YOUR PROBLEM?



### Small Problem



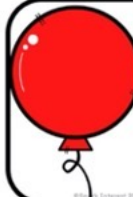
- This isn't a big deal.
- I can solve it myself.
- It may solve itself.
- I don't need help.



### Medium Problem



- I'm not sure what to do.
- Ask for some advice from an adult.



### Big Problem

- This is serious.
- Tell an adult.
- Get help immediately!



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# 4 WORKSHEETS

(2 VERSIONS: COLOR + B+W)

REINFORCE LEARNING WITH THESE  
FUN WORKSHEETS!

