



# Identifying Feelings

## FEELING MONSTERS

By: Sara-Jane Lai



### Feeling monsters Identifying Feelings

By: Sara-Jane Lai



### Feeling monsters Identifying Feelings 4 FUN GAMES

By: Sara-Jane Lai

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PowerPuff Monsters



### Feeling monsters

### Inference Pictures

By: Sara-Jane Lai



Identify  
Feelings &  
Emotions

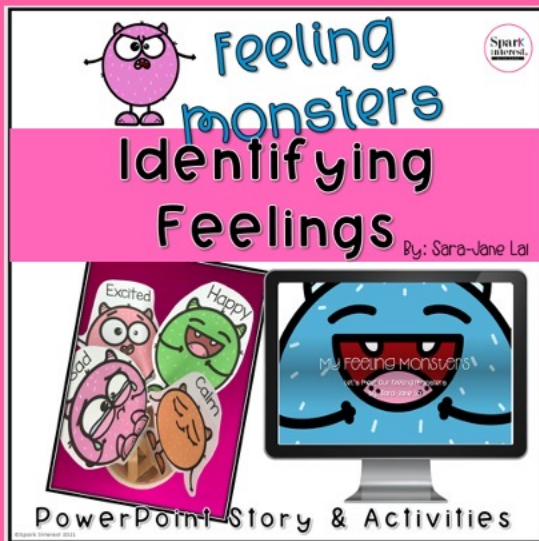
14 PICTURES



# BUNDLE



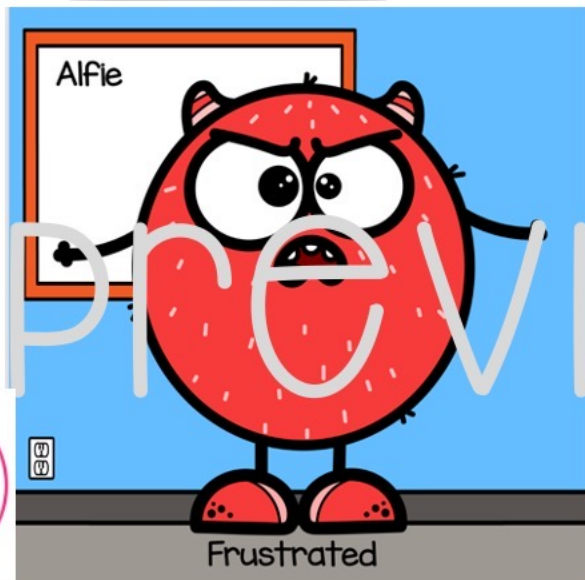
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# RESOURCE 1: IDENTIFYING FEELINGS – STORY + ACTIVITIES



POWERPOINT  
STORY: MEET  
OUR 12 FEELING  
MONSTERS



Alfie is frustrated!

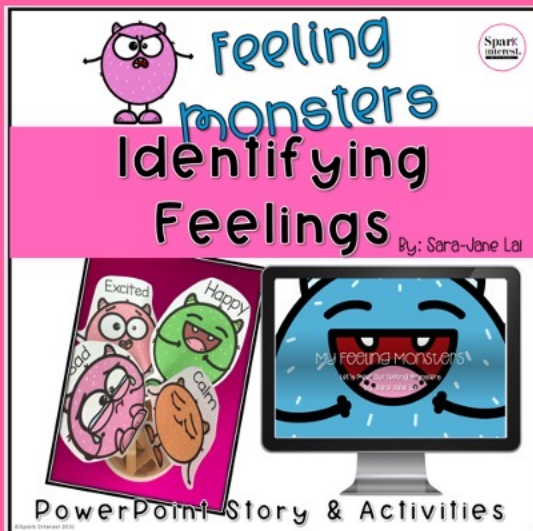
"I have tried so many times  
to draw a snake, but I  
can't do it!"

Alfie feels tense. His hands  
are clenched. He is frowning.

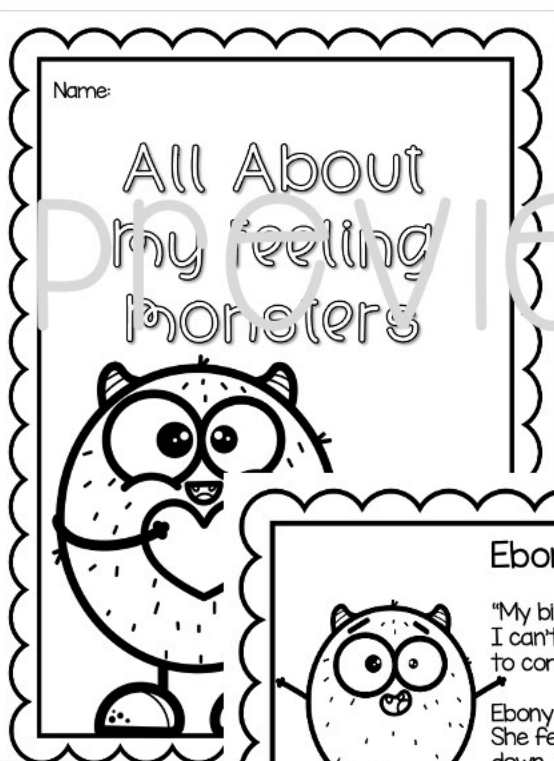
Alfie feels like throwing his  
paper in the bin.

Have you felt this  
way before?  
What can Alfie do to  
CALM DOWN?

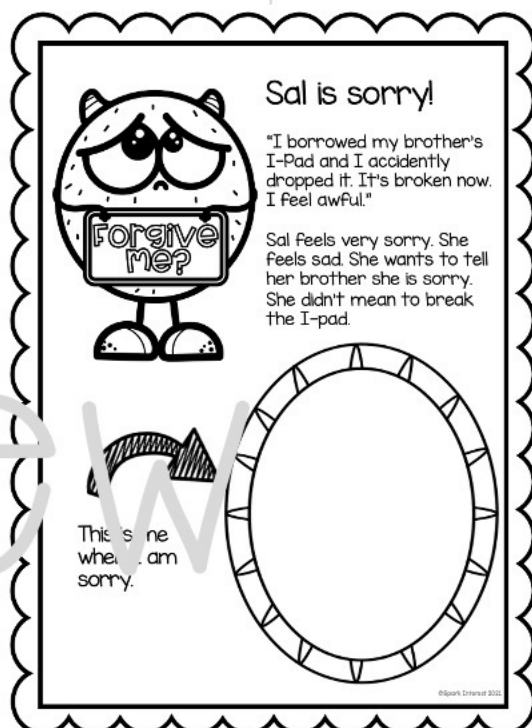
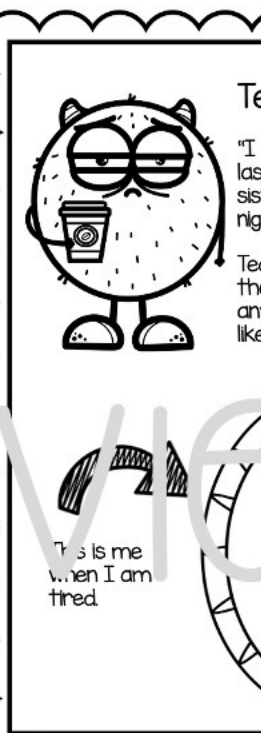
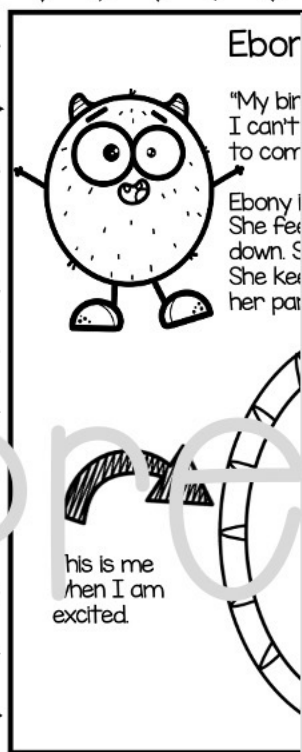


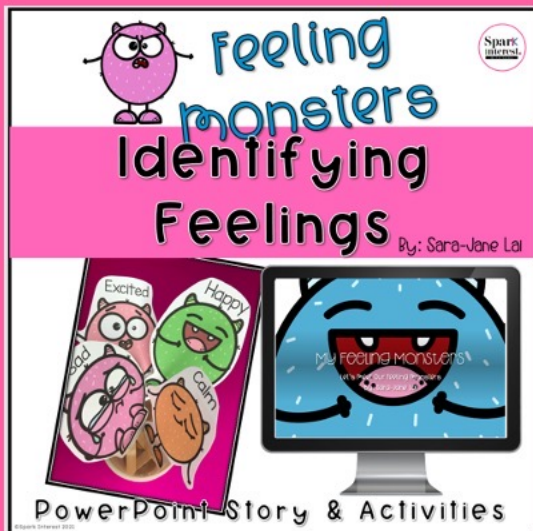


# RESOURCE 1: IDENTIFYING FEELINGS – STORY + ACTIVITIES



## all about MY FEELING MONSTERS PRINTABLE BOOK



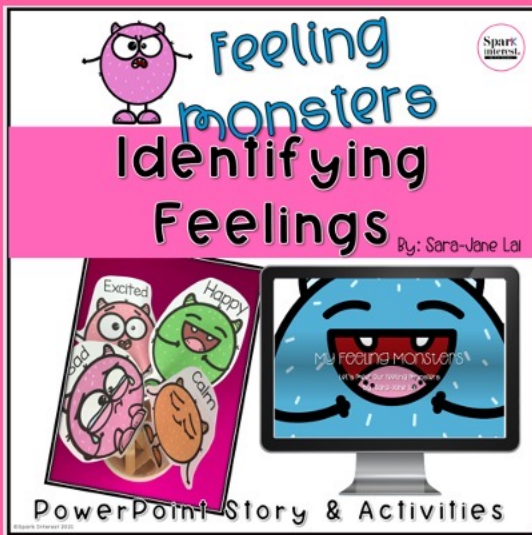


# RESOURCE 1: IDENTIFYING FEELINGS – STORY + ACTIVITIES



FEELING  
MONSTERS:  
STICK  
PUPPETS





# RESOURCE 1: IDENTIFYING FEELINGS – STORY + ACTIVITIES

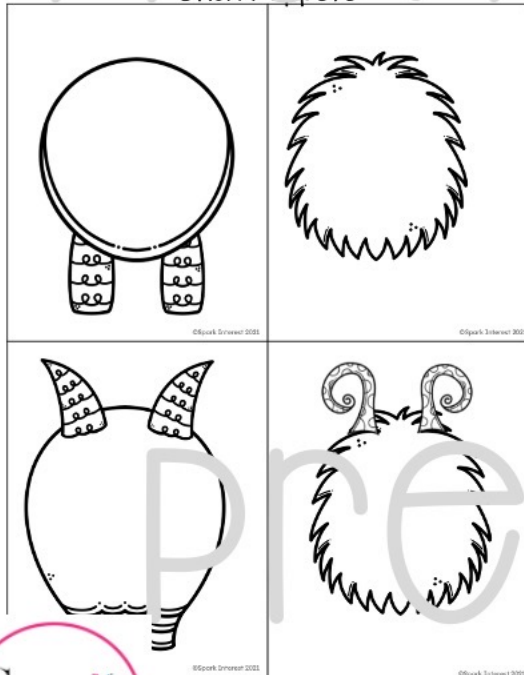
Name: \_\_\_\_\_

## My Feeling Monsters

What is your monster feeling today? Why is your monster feeling this way? Draw a face and add color.

recording sheet,  
design your own  
monster stick puppet  
& feeling monsters  
chart

Create Your Own Feeling Monster  
Stick Puppets



### Monsters

What is your monster feeling today? Why is your monster feeling this way? Write your answer below.

How do you feel today?

	Calm		Excited
	Nervous		Scared
	Sad		Frustrated
	Happy		Confused



# feeling monsters

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## Inference Pictures

By: Sara-Jane Lal

14 PICTURES

Identify  
feelings &  
emotions

# RESOURCE 2: INFERENCE PICTURES WITH QUESTIONS

1. What's happening in the picture?
2. How does the monster feel?
3. Why are they feeling that way?
4. How do you know that?



1. What's happening in the picture?
2. How does the monster feel?
3. Why are they feeling that way?
4. How do you know that?

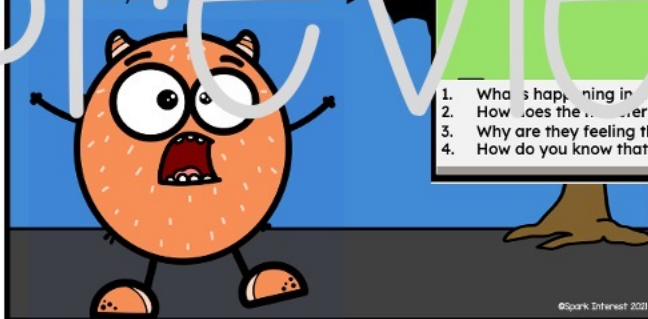
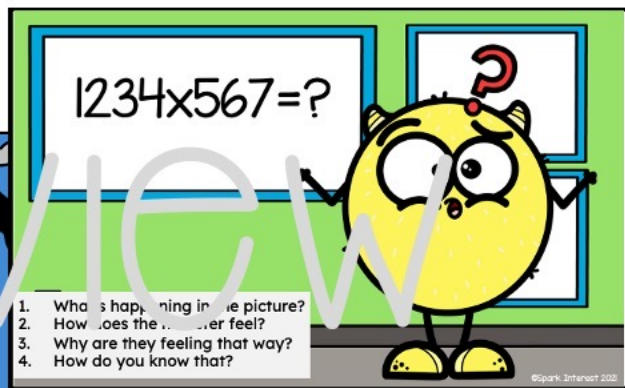
1. What's happening in the picture?
2. How are the monsters feeling?
3. Why are they feeling that way?
4. How do you know that?



1. What's happening in the picture?
2. How does the monster feel?
3. Why are they feeling that way?
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$1234 \times 567 = ?$

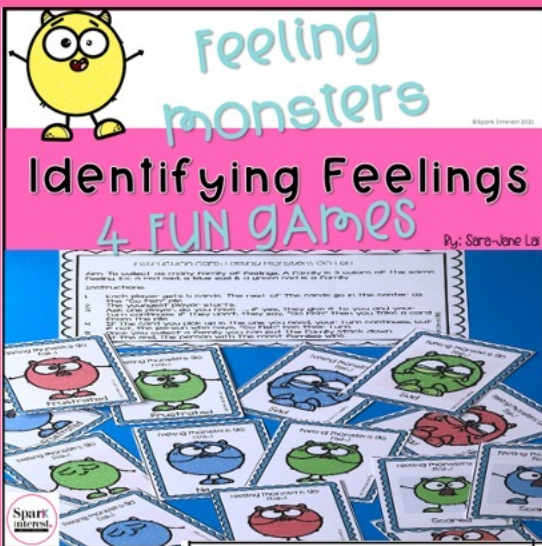
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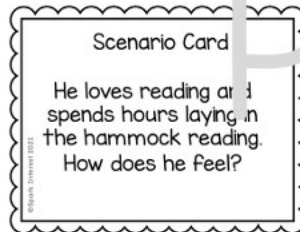
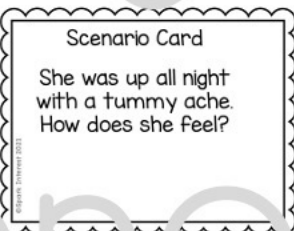
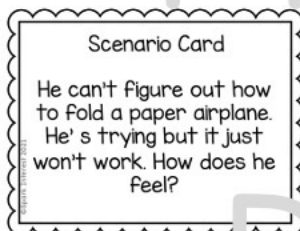
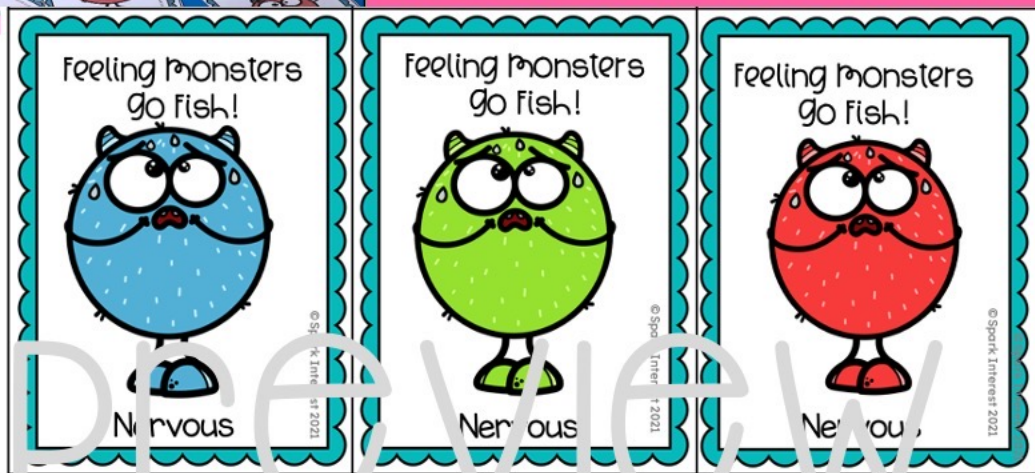
## 14 VIBRANT PICTURES

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# RESOURCE : IDENTIFYING FEELINGS GAMES





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## INFERENCE PICTURES

### Identifying Feelings & Emotions

By: Sara-Jane Lai



1. What's happening in the picture?
2. How does the person feel?
3. Why are they feeling that way?
4. How do you know that?



1. What's happening in the picture?
2. How does the person feel?
3. Why are they feeling that way?
4. How do you know that?

14 PICTURES

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## GROUP TIME LESSON

### Identifying Feelings: Sadness

By: Sara-Jane Lai



PowerPoint Story  
Included



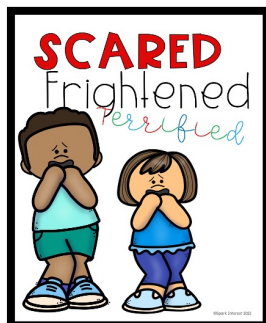
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## CLASSROOM POSTERS

### Emotions

By: Sara-Jane Lai



10 Posters, 2 Versions

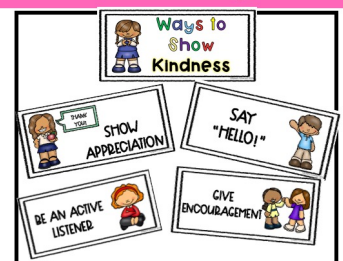
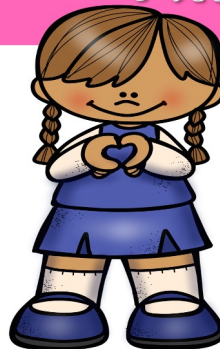
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## GROUP TIME LESSON

### Kindness

By: Sara-Jane Lai



PRESCHOOL  
EDITION

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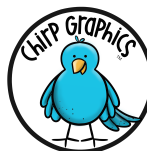
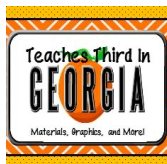
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