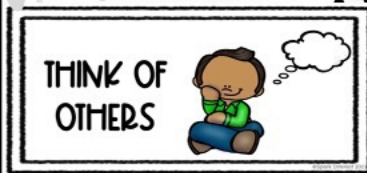


KINDNESS

Lesson & Activities



Lesson Plans * Sorting Activity * Family Kindness Challenge * Worksheets * Awards * Thank You Notes *

KINDNESS

Activities for Preschool



B U N D L E



If you are looking for a complete classroom resource to teach kindness to you preschooler, check out this money saving bundle! Click on the image to learn more.



PREVIEW

ARE YOU LOOKING FOR
WAYS TO DEVELOPMENT
EMPATHY & **KINDNESS** IN
YOUR PRESCHOOL
CLASSROOM?



THIS RESOURCE IS WILL HELP
YOUR STUDENTS
UNDERSTAND AND FEEL
WHAT **KINDNESS** MEANS!

DETAILED LESSON PLANS

INCLUDED IS A DETAILED LESSON PLAN—
NO PLANNING NEEDED!

Day 1 Lesson Plan: Kindness

Objective:	To look at acts of kindness in the classroom. To explore what they look like, how they make us feel and what effect that can have on others.
Materials:	<ol style="list-style-type: none"> 1. Print, laminate & cut -sorting cards, display cards 2. Print out printables.
CASEL-SEL Competencies Alignment:	<ol style="list-style-type: none"> 1. Social Awareness - The ability to take the perspective of and empathize with others, including those from diverse backgrounds & cultures. The ability to understand social and ethical norms for behavior and to recognize family, school, and community resources & support. 2. Relationship Skills - The ability to establish and maintain healthy and rewarding relationships with diverse individuals and groups. The ability to communicate clearly, listen well, cooperate with others, resist inappropriate social pressure, negotiate conflict constructively, and seek and offer help when needed.
Introduction:	<ul style="list-style-type: none"> • Give each child a kind or unkind picture card. • Place the heading cards on two different sides of the group. • Invite the children to sit in front of their sign. • Does their picture show something kind or something unkind?
Discussion:	<ul style="list-style-type: none"> • Discuss what cards the children have. <p>Display Cards: Ways to Show Kindness</p> <ul style="list-style-type: none"> • Look at the display cards and place them up on the wall. • Share how this might look in action during the day. • Name what you can do to show kindness in the classroom.

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Lesson Plan: Kindness

at kind deeds can multiply -

'Ordinary Deed' by Emily Pearson &

ity to take the perspective of and
luding those from diverse backgrounds
nderstand social and ethical norms for
family, school, and community

lity to establish and maintain healthy
s with diverse individuals and groups.
e clearly, listen well, cooperate with
social pressure, negotiate conflict
and offer help when needed.

e child's good deed change the whole
are their thoughts and to extend

Click Here!

ee?

y ([YOUTUBE LINK Here](#))

ht on the board all the good deeds that
kind deed.

hem to Mrs. Bishop.

Fin.

Mr. Mori

lped carry bags & played peek a boo with a

Thank the children for their help and for Joseph
Joseph → gave Sahar a bag he made
Sahar → told a Sophia she had beautiful eyes.
Sophia → called her doctor son.
Tom the son → gave out balloons to his patients.
Peter the patient → helped Eric pick up bags

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HELP YOUR STUDENTS UNDERSTAND WHAT BEING KIND LOOKS LIKE

PREVIEW SORTING ACTIVITY



YOUR STUDENTS WILL BE ABLE TO SHOW WHAT IT MEANS TO BE KIND

* Ways to Show Kindness Display In Black & White and Color *



PREVIEW

WORKSHEETS

- ♥ REFLECT ON WHAT IT MEANS TO BE KIND
- ♥ HIGHLIGHT KINDNESS YOU HAVE EXPERIENCED

PREVIEW

NAME: _____
Showing Kindness

YOU ARE
APPRECIATED!

LOVE, _____

Color-In the Acts of Kindness



NAME: _____

Picture Sort: Kind or Unkind

Kind

Unkind



WORKSHEETS & LETTERS OF
APPRECIATION

HIGHLIGHT ACTS OF KINDNESS



THANK YOU!
WE APPRECIATE YOU!



YOU ARE
APPRECIATED!



LOVE,

LOVE, _



FAMILIES WILL LOVE GETTING INVOLVED!

KINDNESS



♥ EDITABLE ♥

Dear Families,

This week we are talking about Kindness.

Our focus is on how we can be kind to others and how our act can change the world and how we can be the people who are kind to us.

To support our learning this week, we have a Family Kindness Challenge for the whole family. We want you to get involved in spreading kindness. We want to see the culture of kindness in action.

Let us know how you do with the challenge. We are all about it!

Thank you for your support.



FAMILY KINDNESS CHALLENGE

Leave a thank you note or drawing for the trash collector or mail carrier.	Bake or buy a treat for a neighbor.	Give 3 compliments to each other.
Pick a few books & toys you would like to donate.	Call a grandparent or older family member to say hello.	Leave a special note under one family member's pillow.
Donate canned food to a food bank.	Pick up trash at the park or beach.	Help someone in your family with a chore.



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